Brief information about the project

Name of the project	AP09259875 «Development of algorithms for recognition of
rume of the project	negative emotional states of military personnel of the Armed Forces of Kazakhstan»
Dalayanaa	Service in the Armed Forces is characterized by several features that
Relevance	
	allow it to be classified as a special type of public service. Important
	personal-subjective factors that have a significant impact on the
	performance of official duties are the psychoemocionational state of
	the soldier [1]. Negative emotions, which inevitably arise in the
	performance of official duties in extreme situations dangerous to life
	and health, can potentially lead to aggressive-chaotic, affective
	actions, or to the refusal of necessary actions and departure from the
	performance of official tasks, which can lead to emotional
	disruption, accidents, injuries, and death of personnel. Increasing the
	combat capability and psychological well-being of personnel
	through timely and operational monitoring of psycho-emotional
	well-being and reducing the negative burden of the consequences of
	negative emotional states is relevant.
Purpose	The purpose of the project is to study and develop algorithms for
	facial expression of a person (soldier) of the Armed Forces of the
	Republic of Kazakhstan to recognize negative emotional states
	based on the construction of psychological model of behavior in the
	professional environment.
Objectives	1.Clarify the concept of emotions as a general psychological
	phenomenon, determine its structure, evaluation criteria and role in
	the everyday life of the soldier, taking into account the individual
	typological and ethnopsychological characteristics of the personnel;
	2. To conduct a deep systematic analysis of modern methods of
	cognitive neuroscience, as well as theoretical and applied methods
	of studying negative emotional states to create the design of the
	empirical part of the research on the study of algorithms of negative
	emotional states in military personnel;
	3. Develop and empirically check the model of behavior of the
	soldier considering the individual-typological and
	ethnopsychological specifics of the personnel of the Armed Forces
	of the Republic of Kazakhstan, namely algorithms for the
	manifestation of negative emotional states in combat duty
	conditions.
	4. Based on the obtained results, develop and substantiate a program
	of training in algorithms to recognize negative emotional states in
	military personnel in the military environment.
	5. Develop and implement the SPOC "Features of the manifestation
	of emotional states" for the teaching staff of the universities of the
	Republic of Kazakhstan engaged in the training of psychologists.
Expected and achieved	
results	the study of negative emotional states was carried out. Domestic and
	foreign experience in recognizing negative emotional states in the
	psychological literature was studied and a theoretical review was
	conducted. The best experience of the world countries in
	recognizing negative emotional states was studied, criteria and
	indicators of their effectiveness were selected; the review of
	marcarors of their effectiveness were sciented, the review of

previous scientific research related to the topic under study was carried out. Publications were analyzed according to the following sections: genre of publications, empirical object of research, research methods and techniques, areas and topics of research. As a result, it was found that the recognition of negative emotional states is studied together with other phenomena such as: emotional intelligence, mental states, individual and personality traits, professional burnout, coping behavior strategies, satisfaction and effectiveness in different spheres of life activity. Emotional states can be detected by external manifestations, first, by facial expression. The expression of emotions on the face functions from birth. Among other nonverbal means, human mimicry occupies a special place, since the change of facial muscles almost always carries an emotional load, reflecting the feelings of a person at a given moment. Researchers pay special attention to the formation of the ability to recognize emotions by a person as part of the development of emotional intelligence. The studies pay attention to such peculiarities of human emotion recognition as gender and age peculiarities, cognitive style of recognition.

Pilot study of psycho-emotional state of cadets (anxiety, aggression, depression, level of subjective well- being in general), as well as their relationship with socio-demographic characteristics, testing of screening techniques to identify negative emotions on a sample of Kazakhstani servicemen was conducted. Sample: 600 servicemen - cadets of 1-4 courses of the Military Institute of Ground Forces and Military Engineering Institute of Radioelectronics and Communications.

The systematization map on the experience of countries in the field of developing an algorithm for recognizing negative emotional states of servicemen, the program of training algorithms for recognizing negative emotional states in servicemen in the military environment has been developed. The experience of the world's countries in developing an algorithm for recognizing negative emotional states of servicemen is systematized. The systematization map on the experience of countries in the field of developing an algorithm for recognizing negative emotional states of servicemen includes information from 443 sources combined into 24 factors.

A structural and content model of serviceman's behavior has been developed, considering individualtypological ethnopsychological specificity of the RK Armed Forces personnel with algorithms for manifestation of negative emotional states in the conditions of combat duty. The model of recognition of basic emotions consists of stages: screening stage, stage of fixation on camera, stage of processing of screening information, stage of allocation of risk group on negative emotional states, stage of indepth assessment of the serviceman's condition for revealing risks with suicidal behavior, depressive state, high anxiety, stage of drawing up a conclusion. The model reflects the levels of representation of emotional states: 1) communicative level (interactivity of the emotional state);2) gnostic level (its cognizability); 3) heuristic level (novelty of the emotional state). The main categorical characteristics of the emotional state are highlighted: 1) introspectivity (aspiration for inner contemplation, systematic and purposeful analysis of emotional experiences, their awareness);2) instrumentality (orientation to obtaining and applying emotional knowledge in practice); 3) implicitness (accessibility for inner observation and differentiation of emotional experiences).

Structural components are described: cognitive and behavioral, their content components: reflection and identification of emotions and emotional states, self-regulation. The factors conditioning the recognition of the actual emotional state in servicemen are considered. The developed structural and content model of algorithms of recognition of negative emotional states of servicemen solves the actual problem of identification of non-verbal predictors of suicidal behavior, depressive state, allowing the most accurate description of the emotional state of servicemen in the conditions of combat service, which will undoubtedly be useful for specialists of psychological services of military organizations. A computer program for video tracking of the emotional state of military personnel has been developed.

SPOC "Peculiarities of manifestation of emotional states" was developed for the teaching staff of universities of RK engaged in training of psychologists. The course is based on modern theories of emotions and includes practical approaches and methods. Different types of emotions and their manifestations, methods of diagnostics of emotional states, possible strategies of correction of negative emotional states are considered. A wide range of tools for emotional support of employees of organizations engaged in service activities (military, operational workers, law enforcement officers, etc.) is offered. The course consists of 10 sessions, each including a lecture (text, presentation and video lecture), practical exercises, materials for additional study, a list of recommended literature and useful references on the topic, as well as tests for self-control.

Training of specialists of the Sagadat Nurmagambetov Military Institute of Land Forces and the Military Engineering Institute of Radioelectronics and Communications of the Ministry of Defense of the Republic of Kazakhstan on recognition of negative emotional states in servicemen was organized. The program of training of specialists on recognition of negative emotional states in servicemen, consisting of a cycle of lectures on the nature and recognition of negative emotional states, training practical exercises on management, diagnostics of emotional states of servicemen is developed. There are acts of implementation. The training was conducted during a year, in several stages.

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List of publications with links to them

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Patents	Copyright certificate 1.Madalieva Zabira Bekeshovna, Sadvakasova Zukhra Maratovna, Kudaibergenova Sandugash Kansarovna, Adilova Elnur Temirkanovna Structural and content model of algorithms for recognizing negative emotional states of military personnel A product of science № 34824 from "18" April 2023 2.Madalieva Zabira Bekeshovna, Sadvakasova Zukhra Maratovna, Kudaibergenova Sandugash Kansarovna, Sadykova Nazira Margushovna, Adilova Elnur Temirkanovna A systematized map based on the experience of countries in the field of developing an algorithm for recognizing negative emotional states A product of science № 34895 from «19» April 2023 3.Madalieva Zabira Bekeshovna, Kudaibergenova Sandugash Kansarovna, Sadvakasova Zukhra Maratovna, Alkambayev Kuatbek Zhekebekovich, Masalimova Aliya Rmgazinovna, Adiev Ashat Serikovich Procedure for recognizing negative emotional states of military personnel A product of science № 34905 from «20» April 2023 4.Madalieva Zabira Bekeshovna, Sadvakasova Zukhra Maratovna, Kudaibergenova, Sandugash Kansarovna, Kasen Gulmira Amankyzy, Sadykova Nazira Margushevna Recognition of negative emotional states in military personnel: technologies, algorithms, diagnostics. Monograph. A product of science № 35744from «16» May 2023 5.Madalieva Zabira Bekeshovna, Kudaibergenova Sandugash Kansarovna, Sadvakasova Zukhra Maratovna, Adilova Elnur Temirkanovna, Kairatova Inkar Kairatkyzy SPOC «Features of the appearance of emotional states» № 39459 from «6» October 2023 6.Madalieva Zabira Bekeshovna, Sadvakasova Zukhra Maratovna, Kudaibergenova,Sandugash Kansarovna, Masalimova Aliya Rmgazinovna, Daurenbekova Sandugash Altynbayeva, Alkambayev Kuatbek Zhekebekovich, Adiev Askhat Serikovich, Adilova Elnur Temirkanova, Sadykova Nazira Margushevna Object name: Training program for the recognition of negative emotional states in military personnel Copyright object: literary work № 39506 from«10» October 2023 7.Madalieva Z. B., Kudaibergenova S. K., Sadvakasova Z. M., Kasen G. A., Sukhov A. O. – Almat